

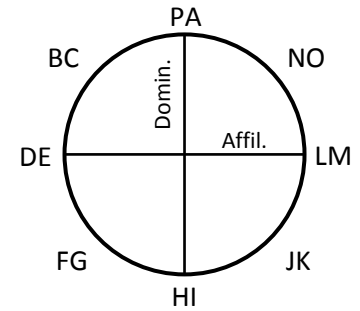
Completion Instructions: This is a list of problems that often come up when dealing with other people. Please read each problem in the list carefully and think about whether it has been a problem for you with *any* significant person in your life. Then circle the answer that best describes how true each statement has been for you. There are no “right” or “wrong” answers. Please describe yourself as honestly as possible, we will keep your responses confidential.

		Not at all	A little bit	Moderately	Quite a bit	Extremely
1	It is hard for me to understand another person's point of view.	0	1	2	3	4
2	It is hard for me to put somebody else's needs before my own.	0	1	2	3	4
3	It is hard for me to feel close to other people.	0	1	2	3	4
4	It is hard for me to ask other people to get together socially with me.	0	1	2	3	4
5	It is hard for me to be assertive with another person.	0	1	2	3	4
6	I am too gullible.	0	1	2	3	4
7	I am overly generous to other people.	0	1	2	3	4
8	I open up to people too much.	0	1	2	3	4
9	I argue with other people too much.	0	1	2	3	4
10	It is hard for me to trust other people.	0	1	2	3	4
11	It is hard for me to give a gift to another person.	0	1	2	3	4
12	It is hard for me to join in on groups.	0	1	2	3	4
13	It is hard for me to be firm when I need to be.	0	1	2	3	4
14	It is hard for me to be assertive without worrying about hurting others' feelings.	0	1	2	3	4
15	I trust other people too much.	0	1	2	3	4
16	I clown around too much.	0	1	2	3	4

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		Not at all	A little bit	Moderately	Quite a bit	Extremely
17	I try to control other people too much.	0	1	2	3	4
18	I want to get revenge against people too much.	0	1	2	3	4
19	It is hard for me to show affection to people.	0	1	2	3	4
20	It is hard for me to socialize with other people.	0	1	2	3	4
21	It is hard for me to confront people with problems that come up.	0	1	2	3	4
22	It is hard for me to let other people know when I'm angry.	0	1	2	3	4
23	I try to please other people too much.	0	1	2	3	4
24	I want to be noticed too much.	0	1	2	3	4
25	I am too aggressive toward other people.	0	1	2	3	4
26	I am too suspicious of other people.	0	1	2	3	4
27	It is hard for me to experience a feeling of love for another person.	0	1	2	3	4
28	I am too afraid of other people.	0	1	2	3	4
29	It is hard for me to be aggressive toward someone when the situation calls for it.	0	1	2	3	4
30	I let other people take advantage of me too much.	0	1	2	3	4
31	I put other people's needs before my own too much.	0	1	2	3	4
32	It is hard for me to stay out of other people's business.	0	1	2	3	4

Scoring Instructions: The Inventory of Interpersonal Problems – Circumplex IRT has eight scales with four items per scale. These scales correspond to octants of the interpersonal circumplex: a circular model of interpersonal functioning formed by the intersection of the two primary dimensions in interpersonal theory (dominance and affiliation). By convention, these octants (and thus these scales) are referred to using two-letter codes that describe their position in the circle (e.g., PA, BC, DE).



To calculate an individual’s score on each scale, transfer his/her score on each item to the table below. It may be faster to transfer scores by table column rather than by table row. Add (or average) the four items contributing to each scale.

In clinical settings, a small number of missing scores may be handled by replacing them with the mean score on each item’s scale. However, scales with a larger number of missing scores should not be interpreted. In research settings, modern techniques for missing data analysis (e.g., multiple imputation or maximum likelihood) are recommended.

The relative standing of scores on each scale provides information about the individual’s interpersonal style, while the grand total (or average) across all scales provides information about his/her level of overall distress. These scores can be used to screen for distress/psychopathology, guide therapeutic intervention, and track response to treatment.

More sophisticated analyses are also available that leverage the circular relationship of the scales. For example, the Structural Summary Method (Zimmermann & Wright, 2017) can parsimoniously describe individuals and groups in terms of their dominance and affiliation. It may also be helpful to standardize scale scores using normative data.

More information about this version of the IIP-C-IRT (v1.0) can be found at: <http://jmgirard.com/iip-c-irt/>

Scale Label	Item	Score	Item	Score	Item	Score	Item	Score	Scale	Score
Domineering / Controlling	1		9		17		25		PA	
Vindictive / Self-Centered	2		10		18		26		BC	
Cold / Distant	3		11		19		27		DE	
Socially Inhibited	4		12		20		28		FG	
Nonassertive	5		13		21		29		HI	
Easily Exploited	6		14		22		30		JK	
Self-Sacrificing	7		15		23		31		LM	
Intrusive / Needy	8		16		24		32		NO	
									Total	